

Benedictine College

Associate in Arts Years 1 and 2 at Metropolitan Community College

COLL 100	First Year Seminar	1
General Education Requirements		Credits
Communications		
ENGL 101	Composition and Reading I	3
ENGL 102	Composition and Reading II	3
SPDR 100	Fundamentals of Speech	3
Mathematics		
MATH 120	College Algebra <i>or</i> higher	3
American Institutions		
HIST 120	American History I	3
POLS 135	Introduction to Political Science	3
Humanities		
HUMN 133	Western Civilization	3
PHIL 100	Introduction to Philosophy	3
ENGL 218	Introduction to Literature	3
MUSI 108	Music Appreciation	3
Social Science		
PSYC 140	General Psychology	3
ECON (any course)		6
GEOG (excluding 104 and 110)		
HIST (any course)		
PSYC (any course)		
SOCI <i>or</i> ANTH (any course)		
SOSC (any course)		
Natural Sciences		
BIOL 101	General Biology	5
PHYS 104	Foundations of Physical Science	5
Electives		
CSIS 110	Technology and Information Management	3
PHIL 200	Logic	3
PHED 157	Personal Health	3
PHED 158	First Aid	2
PHED 151	Introduction to HPER	3
PHED 181	Swimming I (or higher)	1
PHED 107	Physical Fitness	1
Total Credits Required		63¹
Student must complete a Writing Intensive course AND either a Human Diversity course or Learning Community as part of the degree requirements.		

Physical Education

Bachelor of Arts in Physical Education Years 3 and 4 at Benedictine College

General Education Requirements		Credits
Rs 101	Introduction to Theology	3
Gs 350	BC Experience	cr
Pe 115	Wellness for Life	1
Global Perspective		3
Specialized Education Requirements		
Pe 220	Techniques of Team Sports	2
Pe 221	Techniques of Individual Sports	2
Pe 222	Techniques of Lifetime Sports	2
Pe 303	Basic Nutrition	3
Pe 357	Tests and Measurements	3
Pe 366	Physiology of Exercise	3
Pe 380	Kinesiology	3
Pe 402	Organization & Administration of Pe & Athletics	2
Bi 242	Human Anatomy	3
Concentration/Electives¹		36
Total Credits Required		128²
¹ Up to 12 credits in general education may be taken at BC and transferred back to MCC to complete the Associate in Arts Degree. Up to 64 credit hours may transfer to Benedictine from a two-year school.		
² 30 hours at BC must be in Upper Division.		